

Celebrating Gold's Gym Women's Programs

Amarillo Laser & Vein Center

Dr. Kordestani , Dr Chelly & Team Kordestani Cycling
Amarillo National Bank, Outdoor Element & Weis Podiatry

**A whole new Decade, A whole New You
5k Event**

Saturday, March 20, 2010

Location: Amarillo Laser & Vein Clinic; 6810 Plum Creek, Amarillo, Tx

Start: Amarillo Laser & Vein Clinic, 6810 Plum Creek , Amarillo, Tx

Registration: 700am – 800am

Run Fee: \$15.00 for individuals by March 17, after \$20.00

Course: Start at 6810 Plum Creek, course run's throughout the neighborhood.

Awards: Given to top 3 Males/ Females in each age group

Send registration with payment:

Gold's Gym

Karie Mueller

3000 Blackburn St,

Amarillo, Tx 79109.

Questions: Contact Karie Mueller 806-359-5438 karie_golds@yahoo.com

Please Print

Name _____

Address _____

City _____ St _____ Zip _____

Daytime Phone _____ Age _____ M/F _____

Total Amount Enclosed: \$ _____

Release Form

No refunds. No confirmation card will be sent. This form may be duplicated. In consideration of this entry being accepted, I hereby for myself waive and release any and all rights and claims for damages I have against Gold's Gym and Athletic Club, Amarillo Laser, Dr Kordestani, Amarillo National Bank, Outdoor element. their agents, representatives, successors, and assigns, etc. Also, for any injuries suffered by me to, from and at the race being held on March 20, 2010, ALVC Clinic , Amarillo, Texas.

Signature _____ Date _____

Parent Signature _____ Date _____