



THE JOE NISBETT XIT 5-K AND 1 MILE FUN RUN

~Walk Across Texas~

Coordinated by the Dalhart Senior Center



Date: Saturday August 7, 2010

Starting time: 7:00 A.M. – 1 Mile Fun Run/Walk Across Texas
7:30 A.M. – 5-K Run

Registration fee: \$15.00 Each Race OR \$20.00 Both Race

Registration: Friday August 6, 2010 – 2:00-5:00 P.M.
Dalhart Senior Citizens Center, 610 Denrock Ave.

Late Registration: Saturday August 7, 2010 – 6:00-6:45 A.M.
New race location: Lake Rita Blanca,
West Picnic Pavilion Park
(Direction signs will be posted along Hwy 87)

Divisions:

Men- 14&under

Women-14 & under

AWARDS

15-19

15-19

Overall men and women

20-29

20-29

Top 3 in each age group

30-39

30-39

Free T-Shirt to 1st 100 entries!

40-49

40-49

50-59

50-59

60 & over

60 & over

-----Complete, detach and return bottom below with fee(s)-----

NAME _____ AGE AS OF 8/7/2010 _____

ADDRESS _____

STREET

CITY

ST

ZIP

SEX: MALE _____ FEMALE _____ T-SHIRT SIZE Youth S M L XL

EVENT 1 MILE FUN RUN _____ 5-K _____ BOTH _____

I realize there are risks associated with competing in this event, and I accept full responsibility for any injury or accident to myself. I also waive any and all claims for myself against all persons or organizations connected with the XIT 1 mile fun run, 5-K Run and Walk Across Texas walk.

SIGNATURE (Parent/guardian if under 18) _____

Send Registration & fees to:
(806) 244-8521

Dalhart Senior Citizens Center
Attn. Valorie Watts
610 Denrock Ave. - Dalhart, Texas 79022