

9th Annual 5K FREEDOM RUN/WALK Honoring U.S. Veterans

**Sponsored by
Knights of Columbus #4621**



When: Saturday, November 07, 2020 at 9:00am

Where: Thompson Park, Pavilion 17 (Northwest of Wonderland)

Fee: \$30 early registration before 5:30pm, November 06, 2020. Late registration fee of \$35 on race day. T-shirts guaranteed to all paid entry forms received by October 20th.

Registration: All mailed fees must be received by Thursday, November 05, 2020.

Make Checks Payable to:

Knights of Columbus #4621
PO Box 7122
Amarillo, TX 79114-7122

Form available online at
<http://www.lonestarrunnersclub.net>

Timing: Supervised by Lone Star Runners Club

Awards: Male & Female: Top overall, under 14, 15-18, 19-29, 30-39, 40-49, 50-59, 60+

Packet pickup and registration will be Friday, November 06, 2020 at *Got Fit* (1911 S. Georgia) from 4:30-5:30pm. Packets can also be picked up on day of event from 8:00-8:30am.

Name _____ Age (on 11/07/20) _____

Address _____ Birthday _____

City/State/Zip _____

Email _____ Phone _____

Mark with X below:

5K Walk Male Female XS S M L XL XXL

In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, executors and administrators, do hereby absolutely and forever waive and release the Knights of Columbus, its officers and members from any liability for any personal injury or death arising from my participation in the scheduled Knights of Columbus 5K Freedom Run. The Knights of Columbus strongly recommends medical clearance before participating in any exercise program. I attest and verify that I am physically able and have effectively trained to complete this race. I have read the above conditions and accept them as shown by my signature.

Signature of entrant/parent/guardian

Date



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