

Get Fit Cold as Ice

***** 10K AWARDS LIST *****

***** FEMALE OVERALL RESULTS *****

Place	Name	Age	Time	Pace
1	Alison Durio	40	45:48	7:23

***** MALE OVERALL RESULTS *****

Place	Name	Age	Time	Pace
1	Ben Miller	30	38:40	6:14

***** FEMALE MASTERS RESULTS *****

Place	Name	Age	Time	Pace
1	Mary Donaldson	53	52:05	8:23

***** MALE MASTERS RESULTS *****

Place	Name	Age	Time	Pace
1	Mike Flores	62	50:38	8:09

***** MALE AGE GROUP: 14 - 19 *****

Place	Name	Age	Time	Pace
1	Adam Harris	18	42:12	6:48

***** FEMALE AGE GROUP: 20 - 29 *****

Place	Name	Age	Time	Pace
1	Jordan Maxwell	28	56:35	9:07
2	Angeles Ibarra	26	59:54	9:39
3	Alison Pain	28	1:00:52	9:48
4	Heather Lemieux	25	1:01:02	9:50
5	Brittany Gunn	27	1:05:17	10:31
6	Courtney Haschke	29	1:06:54	10:46
7	Haley Stoddatd	28	1:08:38	11:03
8	Becky Heinen	28	1:08:38	11:03
9	Emily Roberts	23	1:11:53	11:35

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10 Bennet Graham 29 1:12:35 11:41
 11 Dominique Murray 25 1:23:08 13:23

***** MALE AGE GROUP: 20 - 29 *****

Place	Name	Age	Time	Pace
1	Jake Dreiling	23	52:34	8:28
2	Cory Chandler	24	56:18	9:04
3	Jordan Courville	28	57:35	9:16
4	Allie Morales	29	1:00:38	9:46
5	Martin Najera	28	1:04:00	10:18
6	Tyler Drackley	29	1:20:45	13:00

***** FEMALE AGE GROUP: 30 - 39 *****

Place	Name	Age	Time	Pace
1	Keeley Hoffpauir	35	52:21	8:26
2	Lori Lambert	36	52:21	8:26
3	Mindi McLain	36	54:52	8:50
4	Kelly McWhorter	36	56:33	9:07
5	Kristen Clark	35	56:41	9:08
6	Kimberly Tabor	38	1:07:36	10:53
7	Nancy Sandoval	38	1:07:37	10:53
8	Adriana Garay	32	1:08:21	11:00
9	Whitney Smith	39	1:12:03	11:36
10	Erin Moorman	37	1:12:50	11:44
11	Lacey Bidegain	35	1:23:08	13:23
12	Liz Swearingen	37	1:39:15	15:59
13	Amanda Porter-Brown	36	1:43:22	16:38

***** MALE AGE GROUP: 30 - 39 *****

Place	Name	Age	Time	Pace
1	Rojelio Sanchez	31	45:50	7:23
2	Alfonso Zambrano	34	48:20	7:47
3	Levi Speer	31	50:02	8:04
4	Nathan Duvall	39	50:41	8:10
5	Ryan Neusch	38	50:58	8:13
6	Jose Valde	31	53:55	8:41
7	Weston Wright	36	54:52	8:50
8	Daniel Miller	31	55:19	8:55
9	Ricky Guillen	31	55:29	8:56
10	Jordan Pinkston	31	1:00:57	9:49
11	Fredy Albarran	30	1:08:45	11:04
12	Martin Birkefeld II	31	1:11:39	11:32
13	Lex Graham	31	1:12:34	11:41

***** FEMALE AGE GROUP: 40 - 49 *****

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Place	Name	Age	Time	Pace
1	Nicole Shannon	48	48:42	7:51
2	Dana Brandon	42	53:06	8:33
3	Nancy Gunn	43	57:10	9:12
4	Lorie Beckner	47	57:31	9:16
5	Ginny Burnam	43	57:41	9:17
6	Christy Gooch	42	1:01:30	9:54
7	Patty Rocco	43	1:02:03	10:00
8	Crystal Nunley	42	1:12:03	11:36
9	Lucy O'Connor	42	1:12:52	11:44
10	Traci McKee	43	1:13:52	11:54
11	Angie Hamilton	45	1:15:23	12:08
12	Amanda Guffey	45	1:17:25	12:28

***** MALE AGE GROUP: 40 - 49 *****

Place	Name	Age	Time	Pace
1	Samuel Karr	45	50:30	8:08
2	Tim Hooks	41	53:05	8:33
3	Carlos Hernandez	40	57:06	9:12
4	Eric Sullivan	41	1:05:58	10:37
5	Rocio Guerrero	45	1:06:37	10:44
6	Joe Bryan Sanchez	41	1:07:09	10:49
7	Dale McCurdy	48	1:09:26	11:11

***** FEMALE AGE GROUP: 50 - 59 *****

Place	Name	Age	Time	Pace
1	Holly Mitchell	53	55:54	9:00
2	Tanya Deleon	50	1:02:28	10:04
3	Lesley Brown	53	1:04:29	10:23
4	Bridget Cersovsky	55	1:11:45	11:33
5	Sammie Artho	58	1:19:59	12:53
6	Jo Beth Hill	59	1:25:16	13:44

***** MALE AGE GROUP: 50 - 59 *****

Place	Name	Age	Time	Pace
1	Dennis Burnam	53	51:07	8:14
2	Steve Farren	58	51:12	8:15
3	Brad Howard	52	53:11	8:34
4	James Mosley	52	1:00:55	9:49
5	Santana Gonzales	53	1:01:17	9:52
6	Richard Rocco	51	1:02:03	10:00

***** FEMALE AGE GROUP: 60 - 69 *****

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Place Name	Age	Time	Pace
=====	=====	=====	=====
1 Kim Rich	60	57:37	9:17

***** MALE AGE GROUP: 60 - 69 *****

Place Name	Age	Time	Pace
=====	=====	=====	=====
1 Jim Bryan	66	56:22	9:05
2 Jeff Beasley	62	1:27:48	14:08

***** MALE AGE GROUP: 70 - 99 *****

Place Name	Age	Time	Pace
=====	=====	=====	=====
1 Craig Woods	77	58:10	9:22