



**LSRC & Beef O'Brady's  
St. Patrick's 4 MILE RUN  
Saturday, March 16, 2019  
9:00 a.m.**

**Beef O' Brady's Restaurant  
34<sup>th</sup> & Coulter**

**Neck Gators to the first 100  
LSRC members \$15 \* \$20 others**

**Online Registration Available at getmeregistered.com  
\$25.00 on Race Day**

**Door Prizes & Refreshments**

**Overall Male/Female plus 10 year age group awards**

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Bib #: \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

**RELEASE OF LIABILITY**

In return for its agreement to accept this entry form, I hereby release Lone Star Runners Club, its officers, directors, agents, representatives, and the volunteers, sponsors, promoters, and all other persons associated with Lone Star Runners Club from liability for any injuries received by me (or if the participant is a minor, then I release them from liability for injuries received by the minor for whom I am responsible) during participation in this sporting event, which includes all post-race activities through the end of the awards ceremony and the conclusion of the event. I recognize that participation in the event sponsored or in any way supported by Lone Star Runners Club exposes me and/or my family member(s) to risks including, but not limited to, running-related injury, traffic, and other risks including cracks in the roadway or sidewalk, uneven running surfaces, slick conditions, other participants in the race, weather-related hazards, and post-race accidents of any type. Notwithstanding these potential risks and possibly other unanticipated risks, all of which cannot be listed, I HEREBY ASSUME FULL RESPONSIBILITY FOR ANY INJURY OR ACCIDENT WHICH MAY OCCUR DURING MY (OR MY FAMILY MEMBER'S) ATTENDANCE AT OR PARTICIPATION IN THIS EVENT.

\_\_\_\_\_  
Signature (Parent's signature for entrant under 18)

\_\_\_\_\_  
Date

Please make checks payable to Lone Star Runners Club  
Mail completed form and entry fee to:

LAVETA BRYAN  
16199 GORDON CUMMINGS  
CANYON, TX 79015

Packet Pickup: Friday, March 15, 2019 at *Get Fit*  
4:30 pm to 5:30 pm  
Amarillo, TX 79109

1911 S Georgia