



June 29, 2019
 Registration/Check in: 8:00 A.M.
 One Mile Fun Run/Walk: 8:30 A.M.
 5K: 9:00 A.M.
 7431 Continental Parkway
 (Brown Graham & Company, P.C.)

Freedom for EveryONE

5k/Fun Run Walk Registration Form

Name _____

Address _____

City _____ State _____ Zip Code _____

Home Phone _____ Work/Cell _____

Email Address _____

Male _____ Female _____ Age on Race Day _____

Birthdate _____ Event: 5k _____ Fun Run/Walk _____

Emergency Contact _____ Contact Phone _____

T-Shirt Size: All Adult Sizes

Small Medium Large XL 2X 3X

Entry Fee:

Early registration: \$25 5k Run \$25 Fun Run/Walk
 Through June 15th

Day of Race: \$30 5k Run \$30 Fun Run/Walk

All registrations receive a race shirt and promotional packet. 5k run will be competitively timed and prizes will be awarded to the male and female 1st place finisher in each age category:

12 and under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-64 and 65 and older

Release and Waiver (Please Read and Sign)

I know that running is a potentially hazardous activity. I should not enter and run unless I am medically and properly trained. I also know that, although police protection might be provided, there could be traffic on the course; therefore, I assume the risk of running in traffic. I also assume any other risks associated with running in the event, including, but not limited to, falls, contact with other participants, and the effects of weather and conditions on the road. I understand I am solely responsible for my own safety while travelling to and from and participating in this event. Knowing these facts and in consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might sue on my behalf covenant not to sue, and waive, release and discharge the sponsors or contributors to this event, any race officials, volunteers, the city and police agencies, their representatives whatsoever arising out of or in the course of my participation. This release form extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known and unknown. The undersigned further grants full permission to use any photographs, video tapes, motion pictures, recordings or another record of the event for any purpose. Minors will be accepted with a parent's signature.

Signature _____ Date _____

Return to:
 P O Box 51405
 Amarillo TX 79159

info@one-amarillo.com
 (806) 670-1450