

PAUL AND MIKE'S EXCELLENT MILE

SATURDAY JULY 22, 2017, THOMPSON PARK

TO BENEFIT THE RONALD MCDONALD HOUSE, AMARILLO

Entry Fees: \$20 for ages 14 and up, \$15 for ages 13 and under, until July 15, 2017. After that the prices go up to \$25 and \$20.

Race Day Schedule: 8AM-Masters Heat, runners age 40 and over
8:30-Open Heat, runners age 14-39
9AM-Childrens Heat, age 13 and under
10AM-Awards and Bounties* presented

Awards to the first place male and female-overall and masters. Also to the top 3 in each age group: 0-9, 10-13, 14-18, 19-29, 30's,40's,50's,60's,70+

***Race Bounties** of \$500 for new course records and \$100 for age group records!

All entrants will receive a custom-designed race t-shirt and a special race bonus gift. Refreshments will be provided to all participants.

Before 7/15/17, mail your entries to Mike Flores, 8402 New England, Amarillo, TX, 79119. You can also enter in person on race morning or during Packet Pickup at Get Fit on Friday July 21, 2017 from 5 to 6PM, 1911 S. Georgia.

Make checks payable to Paul and Mike's Excellent Mile.

NAME _____ AGE (on 7/22/2017) _____
ADDRESS _____ BIRTHDAY _____
CITY _____ STATE/ZIP _____
EMAIL _____ PHONE _____

RELEASE OF LIABILITY In return for their agreement to accept this entry form, I hereby release Paul and Mike's Excellent Mile, the race sponsors, and Lone Star Runners Club, the group whose sole responsibility is timing the race, and both groups' officers, directors, agents, representatives, and the volunteers, sponsors, promoters, and all other persons associated with them ("released parties") from liability for any injuries received by me (or if the participant is a minor, then I release them from liability for injuries received by the minor for whom I am responsible) during participation in this sporting event, which includes all pre-race, race, and post-race activities through the end of the awards ceremony and the conclusion of the event. If you read this line, I owe you a drink of your choice. I recognize that participation in the event sponsored or in any way supported by the race sponsor exposes me and/or my family member(s) to risks including, but not limited to, running-related injury, traffic, and other risks including cracks in the roadway or sidewalk, uneven running surfaces, slick conditions, other participants in the race, weather-related hazards, and pre-race and post-race accidents of any type. Notwithstanding these potential risks and possibly other unanticipated risks, all of which cannot be listed, I HEREBY ASSUME FULL RESPONSIBILITY FOR ANY INJURY OR ACCIDENT WHICH MAY OCCUR DURING MY (OR MY FAMILY MEMBER'S) ATTENDANCE AT OR PARTICIPATION IN THIS EVENT.

SIGNATURE OF ENTRANT/PARENT/GUARDIAN _____