

LSRC Spring  
Half Marathon Trail Run

\*\*\*\*\* AWARDS LIST \*\*\*\*\*

\*\*\*\*\* FEMALE OVERALL RESULTS \*\*\*\*\*

1 Tiffany Podzemny 37 2:01:18

\*\*\*\*\* MALE OVERALL RESULTS \*\*\*\*\*

1 Keegan Conway 16 1:58:18

MALE AGE GROUP 1 - 19

1 4 Matthew Snyder 2:04:12

2 14 Preston Mann 2:21:36

FEMALE AGE GROUP 20 - 29

1 25 Audrey Getman 2:34:41

2 37 Regan Lemley 2:43:48

3 53 Bailee Skeen 3:09:43

MALE AGE GROUP 20 - 29

1 8 Russell Bainbridge 2:13:53

2 42 Joseph Stiles 2:50:59

FEMALE AGE GROUP 30 - 39

1 5 Shannon Armstrong 2:09:02

2 11 Sarah Johnson 2:19:40

3 17 Kathy Stucker 2:23:02

4 31 Kristin Dow 2:39:38

5 33 Julie Seals 2:40:13

6 36 Melanie Hartman 2:43:02

7 40 McKenzie Wendt 2:46:47

8 45 Natasha Phillips 2:55:24

9 46 Marisol Wheeler 2:56:53

10 47 Deb Walker 2:59:06

11 48 Marcie Pergeson 2:59:19

12 50 Heidi Gingg 3:07:53

13 55 Shonna Epperson 3:11:58

14 61 Christy Stashi 3:22:21

MALE AGE GROUP 30 - 39

1 6 Nathan Culwell 2:10:56

2 9 Ryan Curry 2:16:27

3 16 Matt Sanders 2:22:16

4 18 Luke Wendt 2:23:17

5 39 Casey Weiss 2:46:11

6 63 Vincente Gil 3:27:02

FEMALE AGE GROUP 40 - 49

1 13 Kirsten Jett 2:20:19

2 21 Carre Dawson 2:31:40

3 41 Rachael King 2:49:32

4	49 Janet Pritchett	2:59:33
5	52 Stacy Skeen	3:09:43
6	57 Dana Brandon	3:15:00
7	58 Gretchen Veling	3:15:01
8	62 Dana White	3:26:08

MALE AGE GROUP 40 - 49

1	2 Cody Simmons	1:59:43
2	22 Levi Spears	2:33:28
3	28 Daniel Bilodeau	2:35:45

FEMALE AGE GROUP 50 - 59

1	15 Mary Donaldson	2:21:52
2	23 Kim Rich	2:33:37
3	32 Peggy Wood	2:39:59
4	56 Melissa Stone	3:14:51
5	59 Beth McCombs	3:18:15

MALE AGE GROUP 50 - 59

1	7 Raymond Donaldson	2:13:08
2	10 Jeff Allen	2:18:24
3	19 Johnny London	2:26:32
4	20 Erik Buzzard	2:27:54
5	26 Mike Flores	2:35:16
6	30 William Dooley	2:37:04
7	34 Phillip Schmidt	2:41:16
8	38 Steven Parker	2:45:10
9	43 Bob Roach	2:51:04
10	65 Santana Gonzales	3:36:35

FEMALE AGE GROUP 60 - 99

1	60 Roxie Wallace	3:20:17
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MALE AGE GROUP 60 - 99

1	12 Rick Akers	2:20:19
2	24 Doug Voran	2:34:09
3	27 Ed Craighead	2:35:18
4	29 James Bryan	2:36:24
5	35 Craig Woods	2:41:28
6	44 Tim Isaman	2:53:59
7	51 Butch Casey	3:08:25
8	64 Howard Graham	3:29:52