

Get Fit - Cold as Ice

5K

\*\*\*\*\* FEMALE OVERALL RESULTS FOR 5K RACE \*\*\*\*\*

1 Jayna Lueders 15 21:48 21:54

\*\*\*\*\* MALE OVERALL RESULTS FOR 5K RACE \*\*\*\*\*

1 Ramon Rueda 22 17:55 17:59

\*\*\*\*\* Female Masters Results for 5K Race \*\*\*\*\*

1 Dee Weaver 43 27:00:00 27:12:00

\*\*\*\*\* Male Masters Results for 5K Race \*\*\*\*\*

1 Darren Jenks 50 22:49 22:54

MALE AGE GROUP: 10 - 13

1 19 Clay Horner 13 25:07:00 25:15:00  
2 27 Kaiden Horner 12 27:37:00 27:44:00  
3 38 Nick Mize 12 29:09:00 29:45:00

FEMALE AGE GROUP: 14 - 19

1 75 Breanna Keeling 16 34:00:00 34:35:00  
2 133 Kassidey Ramming 18 46:57:00 47:32:00

MALE AGE GROUP: 14 - 19

1 4 Sean Horner 15 20:29 20:36  
2 5 Jeremiah Martinez 15 20:29 20:32  
3 8 Brady Quirk 15 22:05 22:08  
4 10 Blake McCurdy 18 22:51 23:02  
5 13 Gavin Word 15 23:08 23:27  
6 35 Jacob Davis 19 28:27:00 28:38:00  
7 69 Bailey Urschel 17 33:37:00 34:05:00  
8 104 Jared Cerda 15 41:14:00 41:25:00

FEMALE AGE GROUP: 20 - 29

1 18 Jenny Myers 25 24:26:00 24:29:00  
2 22 Shelly Diggs 26 26:46:00 26:51:00  
3 32 Alyssa Word 25 28:14:00 28:26:00  
4 42 Haley Davis 25 30:29:00 30:52:00  
5 57 Veronica Williams 21 31:54:00 31:59:00  
6 59 Courtney Waddell 26 32:01:00 32:17:00  
7 60 Kaylie Massie 27 32:06:00 32:21:00  
8 73 Berklee Watson 23 33:58:00 34:30:00  
9 76 Casey White 29 34:11:00 34:46:00  
10 78 Kendra Berry 23 34:29:00 34:41:00  
11 87 Tristavon Lusk 28 36:23:00 36:37:00  
12 98 Andrea Pantoja 27 39:09:00 39:24:00  
13 100 Stephanie Gallegos 26 39:48:00 40:11:00  
14 101 Ashley May 24 39:50:00 40:27:00  
15 115 Lauren Berry 24 43:03:00 43:40:00  
16 122 Molly Barnes 28 44:25:00 44:46:00

17	125 Courtney Ferguson	20	45:21:00	45:38:00
18	137 Allison Banks	25	47:18:00	47:36:00

MALE AGE GROUP: 20 - 29

1	2 Andrew Striley	25	18:59	19:01
2	14 Jacob Lamance	29	23:38	23:55
3	15 Andrew Eudy	27	23:43	23:48
4	16 Stuart White	27	24:20:00	24:27:00
5	21 Michael Massey	25	26:35:00	26:48:00
6	39 Mathew Santiago	23	29:37:00	29:43:00

FEMALE AGE GROUP: 30 - 39

1	17 Lizette Weinheimer	31	24:22:00	24:28:00
2	20 Erin Reid	30	26:31:00	26:40:00
3	29 Kristen Frankovich	38	27:44:00	28:00:00
4	33 Stephanie Moore	38	28:16:00	28:30:00
5	40 Crystal Richardson	31	29:37:00	29:47:00
6	52 Mandy Jones	30	31:32:00	31:52:00
7	53 Tiffany Brown	30	31:32:00	31:53:00
8	54 Kimberly Tabor	34	31:33:00	31:42:00
9	61 Erin Palacio	39	32:17:00	32:51:00
10	79 Kristin McDonald-Wi	30	34:31:00	35:03:00
11	81 Shonna Epperson	38	34:54:00	35:22:00
12	82 Jackie Schroeter	36	34:58:00	35:13:00
13	84 Kristin Casey	36	35:11:00	36:19:00
14	85 Laura Stepp	31	35:20:00	36:00:00
15	89 Sarah James	32	36:52:00	37:06:00
16	91 Jennifer Bowen	38	37:30:00	37:45:00
17	94 Courtney Warren	35	38:17:00	38:42:00
18	95 Jaimie Jones	33	38:17:00	38:41:00
19	105 Charity Hoover	32	41:16:00	41:26:00
20	132 Chrissy Ryan	32	46:02:00	46:21:00
21	145 Olivia Gonzalez	34	49:42:00	50:06:00

MALE AGE GROUP: 30 - 39

1	3 Jacob Decker	31	20:04	20:08
2	6 Carlos Ortega	33	21:40	21:44
3	11 Paul Weinheimer	31	22:56	23:00
4	12 Skyler Walden	32	23:07	23:12
5	30 Tony Hoover	30	27:50:00	28:01:00
6	34 Thomas Oscarsson	34	28:21:00	28:30:00
7	68 Justin Graham	36	33:31:00	34:04:00

FEMALE AGE GROUP: 40 - 49

1	37 Leslie Nix	44	29:05:00	29:19:00
2	44 Lisa Gunstream	44	30:34:00	30:43:00
3	45 Cari Truelove	46	30:38:00	30:57:00
4	46 Victoria Salas	42	30:39:00	30:55:00
5	50 Martha Quinlin	40	30:57:00	31:11:00
6	56 Jillian Brunton	42	31:48:00	32:03:00
7	58 ?????????? ??????????	45	31:55:00	31:59:00

8	63 Carla Burr	47	32:33:00	32:43:00
9	64 Mary Melendez	47	32:42:00	33:09:00
10	66 Paige Storlie	40	33:07:00	33:21:00
11	72 Linda Watson	43	33:57:00	34:30:00
12	77 Tanya Deleon	47	34:11:00	34:24:00
13	80 Christine May	49	34:43:00	35:20:00
14	96 Cheryl Falke	46	38:25:00	39:03:00
15	97 Susan Gray	42	39:09:00	39:24:00
16	108 Michele Layton	48	41:24:00	41:43:00
17	120 Betsy Lonning	45	44:09:00	44:31:00
18	126 Meredith Fielder	44	45:21:00	45:42:00
19	138 Laura Harrell	40	47:38:00	47:53:00
20	149 Tiffany Bateman	45	50:01:00	50:40:00
21	218 Michelle Flowers	45	1:09:11	1:09:41

MALE AGE GROUP: 40 - 49

1	26 Jose Tristan	48	27:36:00	27:45:00
2	28 Chuck Rives	48	27:43:00	28:05:00
3	36 Jeff McClendon	40	28:37:00	29:02:00
4	43 Jacob Diaz	44	30:30:00	30:38:00
5	47 Michael Thompson	45	30:41:00	31:01:00
6	49 John Kelly	49	30:51:00	31:13:00
7	62 Mark Palacio	48	32:30:00	33:04:00
8	67 Gerald Conner	46	33:17:00	33:46:00
9	111 John Boer	43	41:36:00	42:01:00

FEMALE AGE GROUP: 50 - 59

1	31 Cecilia Rodriguez	54	28:09:00	28:15:00
2	41 Kelly Groves	52	30:25:00	30:41:00
3	65 Susan Page	51	33:01:00	33:29:00
4	70 Lisa Sharp	52	33:41:00	34:12:00
5	74 Brigitta Cersovsky	51	33:58:00	34:30:00
6	86 Cindy Irwin	56	36:22:00	36:49:00
7	88 Julie Boyer	51	36:50:00	37:04:00
8	93 Harriett McKinney	53	37:34:00	37:51:00
9	109 Rhoda Dorsey	53	41:24:00	41:43:00
10	118 Rufina Gonzalez	55	43:18:00	43:43:00
11	121 Rena Weber	50	44:24:00	44:45:00

MALE AGE GROUP: 50 - 59

1	23 Johnny London	54	26:59:00	27:25:00
2	24 Scott Weaver	53	27:00:00	27:11:00
3	51 Butch Casey	59	31:18:00	32:15:00
4	110 Jeff Beasley	59	41:32:00	42:07:00
5	136 Bill Banks	57	47:17:00	47:36:00

FEMALE AGE GROUP: 60 - 69

1	116 Mary Jarvis	68	43:13:00	43:45:00
2	128 Judy Haley	60	45:36:00	45:59:00
3	130 Peggy Purcell	64	45:51:00	46:08:00
4	153 Joyce Unruh	69	50:43:00	51:03:00

MALE AGE GROUP: 60 - 69

1	48 Tom Griffin	67	30:41:00	31:18:00
2	55 David Pompa	60	31:44:00	32:04:00
3	83 Barry Allison	62	35:05:00	35:41:00

**10K**

\*\*\*\*\* FEMALE OVERALL RESULTS FOR 10M RACE \*\*\*\*\*

1	Karyss Betzen	16	41:18:00	41:23:00
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\*\*\*\*\* MALE OVERALL RESULTS FOR 10M RACE \*\*\*\*\*

1	Armando Rueda	22	33:47:00	33:49:00
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\*\*\*\*\* Female Masters Results for 10K Race \*\*\*\*\*

1	Jennifer Been	43	50:12:00	50:16:00
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\*\*\*\*\* Male Masters Results for 10K Race \*\*\*\*\*

1	Duke Pepper	45	42:29:00	42:33:00
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FEMALE AGE GROUP: 14 - 19

1	144 Briana Hernandez	48:58:00	49:03:00
2	170 Hannah Herrmann	57:11:00	57:42:00
3	227 Reagan Payne	1:12:31	1:13:13
4	229 Elizabeth Duncan	1:12:57	1:13:41

MALE AGE GROUP: 14 - 19

1	99 Trenton Vanhuss	39:11:00	39:16:00
2	134 Ethan Conner	46:58:00	47:01:00

FEMALE AGE GROUP: 20 - 29

1	156 Kayla Mendoza	51:38:00	51:53:00
2	158 Frankie Miller	52:49:00	53:37:00
3	177 Courtney Smith	58:48:00	59:07:00
4	180 Gaela Leatherman	58:59:00	59:20:00
5	184 Ashton Willingham	1:00:59	1:01:08
6	186 Kiana Garcia	1:01:07	1:01:26
7	190 Amy Bennett	1:03:06	1:03:22
8	197 Julie Ledbetter	1:04:48	1:04:59
9	202 Amanda Morris	1:06:06	1:06:35
10	206 Miriam Morillon	1:07:21	1:07:47
11	222 Brooke Williams	1:10:27	1:10:44
12	223 Rebecca Heinen	1:11:10	1:11:27
13	224 Haley Stoddard	1:11:10	1:11:27
14	234 Sonia Padilla	1:31:40	1:32:10

MALE AGE GROUP: 20 - 29

1	90 Thomas Harris	36:57:00	37:03:00
2	102 Christoper Matos	40:54:00	40:57:00
3	112 Chris Burgus	41:44:00	41:46:00
4	154 Jordan Johnson	50:54:00	51:42:00
5	159 Daniel Miller	53:51:00	53:55:00
6	160 Colby Dennis	54:05:00	54:20:00

7	168 Levi Speer	56:58:00	57:15:00
8	175 Kellee Massie	58:06:00	58:21:00
FEMALE AGE GROUP: 30 - 39			
1	119 Rachel Santana	43:52:00	43:57:00
2	123 Anna Duvall	44:57:00	45:03:00
3	129 Jessy Tyler	45:42:00	45:48:00
4	139 Natalie Mahlberg	47:44:00	47:54:00
5	141 Sarah Fisk	47:59:00	48:04:00
6	143 Lisa Galvan	48:17:00	48:20:00
7	151 Tiffany Podzemny	50:31:00	50:40:00
8	162 Alison Sanders	55:18:00	55:26:00
9	171 Nancy Sandoval	57:13:00	57:16:00
10	174 Lawana Pulliam	57:40:00	57:59:00
11	176 Renee Pepper	58:42:00	59:00:00
12	179 Janet Ramos	58:53:00	59:06:00
13	182 Rebecca Robbins	1:00:11	1:00:23
14	183 Karina Kappes	1:00:35	1:00:45
15	191 Melanie Hartman	1:03:25	1:03:54
16	192 Reagan Hales	1:03:38	1:04:00
17	193 Allison Neusch	1:03:41	1:04:01
18	196 Janet Pritchett	1:04:44	1:05:08
19	204 Julie Jobe	1:06:14	1:06:38
20	205 Marcie Pergeson	1:06:16	1:06:39
21	212 Tiffany West	1:08:37	1:09:01
22	217 Telma Brewer	1:09:07	1:09:34
23	219 Jen Medkief	1:09:41	1:09:45
24	220 Lacey Bidegain	1:09:55	1:10:24
25	221 Lacy Hastie	1:09:56	1:10:24
MALE AGE GROUP: 30 - 39			
1	92 Joe Arellano	37:34:00	37:37:00
2	103 Chris Rue	41:03:00	41:06:00
3	106 Chris Podzemny	41:18:00	41:20:00
4	113 Jeremy Swan	42:03:00	42:08:00
5	127 Trey Warnock	45:24:00	45:28:00
6	131 Nathan Duvall	45:54:00	46:01:00
7	140 Adam Russell	47:59:00	48:02:00
8	146 Robert Vartabedian	49:43:00	49:50:00
9	155 Ryan Pennington	51:38:00	51:45:00
10	157 Michael Box	51:40:00	51:48:00
11	161 Matthew Tavern	55:15:00	55:37:00
12	167 Carlos Hernandez	56:26:00	57:09:00
13	185 Daniel Stuart	1:01:04	1:01:23
14	194 Ryan Neusch	1:03:41	1:04:01
FEMALE AGE GROUP: 40 - 49			
1	152 Kristen Jett	50:33:00	50:40:00
2	169 Holly Mitchell	57:08:00	57:34:00
3	188 Stephanie Frantz	1:02:07	1:02:31

4	189 Janice Pylant	1:02:21	1:02:35
5	195 Carla Meyers	1:04:15	1:04:41
6	199 Faviola Pedraza	1:05:32	1:05:58
7	203 Wendi Goddard	1:06:06	1:06:27
8	207 Tisha Scott	1:07:23	1:07:47
9	213 Danielle Arias	1:08:38	1:09:01
10	214 Corinna Escareno	1:08:46	1:09:17
11	225 Lisa Thomason	1:11:28	1:11:56
12	226 Traci Payne	1:12:31	1:13:13
13	228 Deanna Duncan	1:12:57	1:13:39

MALE AGE GROUP: 40 - 49

1	117 Kyle Hawley	43:16:00	43:20:00
2	135 Gilley Rendon	47:09:00	47:15:00
3	142 Daniel Hendricks	48:11:00	48:40:00
4	147 Robert Cruz	49:44:00	49:58:00
5	148 Philip Miller	49:48:00	49:53:00
6	165 Stephen Palmer	55:41:00	55:49:00
7	166 Shane Riemer	56:00:00	56:10:00
8	172 James Mosley	57:19:00	57:49:00
9	173 Ross Hastie	57:32:00	58:02:00
10	187 Lupe Rocha	1:01:47	1:02:03
11	200 Robert Coffman	1:06:03	1:06:29
12	201 Nicholas Polivoda	1:06:03	1:06:29
13	231 Santana Gonzales	1:15:25	1:15:38

FEMALE AGE GROUP: 50 - 59

1	164 Kim Rich	55:25:00	55:31:00
2	181 Allison Herrmann	1:00:08	1:00:39
3	198 Susan Schevikhoven	1:05:26	1:05:53
4	209 Bobbi Ferguson	1:07:42	1:08:00
5	210 Laveta Bryan	1:08:03	1:08:29
6	211 Sherri Williamson	1:08:03	1:08:30
7	216 Melissa Eudy	1:09:06	1:09:18
8	233 Karen Davis	1:31:40	1:32:09

MALE AGE GROUP: 50 - 59

1	124 Dennis Dockery	45:17:00	45:20:00
2	163 Juan Dominquez	55:23:00	55:33:00
3	215 Kenny Eudy	1:09:05	1:09:18
4	232 Frank Blankenship	1:20:43	1:20:54

FEMALE AGE GROUP: 60 - 69

MALE AGE GROUP: 60 - 69

1	208 Howard Graham	1:07:24	1:07:56
2	230 Paul Johnson	1:13:28	1:14:06

FEMALE AGE GROUP: 70 - 99

MALE AGE GROUP: 70 - 99

1	178 Craig Woods	58:52:00	59:17:00
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